

Toxic Stress, Media Saturation and Violence

Baystate Education Center
361 Whitney Avenue
Holyoke, MA

Objectives

STATEMENT OF NEED

Violence has been characterized as a “public health epidemic” in the United States. The term toxic stress describes both the exposure to multiple traumatic events and the wide-ranging, long-term impact of this exposure. Exposure to violence is associated with depression and behavioral problems and has been linked to neurological brain changes in adolescents and young adults. Research has shown that contemporary teens are more desensitized to violence and sex than previous generations. This program is designed to bring professionals together to devise strategies to support victims of violence, to identify those suffering from toxic stress, to discuss best-practices in the therapeutic setting and to understand the role media literacy plays in today’s electronic world.

GOAL

The goal of this educational activity is to support optimal health and safety for our patients and our communities.

LEARNER OBJECTIVES

By participating in this program, you should be able to:

1. Discuss the trauma associated with the aftermath of a sexual assault.
2. Identify at least 2 factors that affect a victim’s decision to pursue legal remedies.
3. Explain the role of the SANE nurse in the care and well being of the rape victim.
4. Describe what to say and what not to say during an initial sexual assault disclosure.
5. Discuss the most current evidence regarding the impact of frequent exposure to sex, violence and pornography on the developing brain.
6. Explain how to identify toxic stress in the outpatient or school setting.
7. Discuss strategies for mitigating the effects of toxic stress.
8. Discuss the impact of the media on self-image and behavior in children and adolescents.
9. Discuss the importance of media literacy for children and adults.
10. Discuss ways we can build a collective community response for developing healthy relationships and authentic sexualities in a porn culture.

Program

- 8:15 Registration, Continental Breakfast**
- 8:30 Introduction**
Hampden District Attorney
Mark G. Mastroianni
- 8:45 Speak Up: Hearing the Victim’s Voice**
Samantha Paradise
- 9:30 Panel Discussion: Understanding and Supporting Victims of Sexual Violence**
- Panelists:**
Ret. Det. Lt. Elaine Gill, MSP
Jane Mulqueen, JD
Mary Walz-Watson, RN, BS, SANE
- 10:45 Break**
- 11:00 Linking Brain Changes and Exposure to Violence**
Stephen C. Boos, MD
- 11:20 Taking on Toxic Stress: Addressing the Needs of Youth Exposed to Violence**
Heather Forkey, MD
- 12:30 Lunch**
- 1:15 Growing Up in a 50 Shades of Grey Culture**
Gail Dines, PhD
- 3:30 Adjourn**

An educational grant for this program was provided by Health New England.

Faculty

KEYNOTE SPEAKERS

Gail Dines, PhD*

Professor of Sociology and Women’s Studies
Chair, American Studies
Wheelock College
Co-editor, *Gender, Race and Class in Media*
Co-author, *Pornography: The Production and Consumption of Inequality*

Heather Forkey, MD*

Assistant Professor,
University of Massachusetts Medical School
Clinical Director,
Foster Children Evaluation Service (FaCES)
University of Massachusetts Medical Center
Attending Physician,
UMass Child Protection Program
UMass Memorial Children’s Medical Center

Samantha Paradise, BA*

Film Maker

FACULTY

Stephen C. Boos, MD*

Medical Director
Family Advocacy Center
Baystate Children’s Hospital
Associate Professor of Pediatrics
Tufts University School of Medicine

Lieutenant Elaine Gill*

Adjunct Professor
Northern Essex Community College
On-Call Detective Lieutenant
Merrimack College Police Department

Jane Mulqueen, JD*

Hampden District Attorney’s Office

Mary Walz-Watson, RN, BS, SANE*

Western MA Regional Coordinator
MA Sexual Assault Nurse Examiner (SANE) Program
Boston, MA

FACULTY DISCLOSURE

The design and content of Baystate Continuing Interprofessional Education (CE) activities support quality improvement in healthcare and provide fair and balanced views of therapeutic options. Faculty or planner conflicts of interest are resolved before the educational activity.

Faculty and Planners marked with an * have no commercial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.

Registration

LAST NAME _____
FIRST NAME _____
PROFESSION _____
HIGHEST PROFESSIONAL DEGREE _____
SPECIALTY _____
INSTITUTIONAL AFFILIATION _____
HOME ADDRESS _____
E-MAIL _____

HOME PHONE _____ WORK PHONE _____
CITY _____ STATE _____ ZIP CODE _____

FAX NUMBER _____
PREFERRED DELIVERY
☐ MAIL ☐ FAX ☐ E-MAIL

PAYMENT METHOD (WE CANNOT PROCESS REGISTRATIONS WITHOUT PAYMENT)

MAKE CHECKS PAYABLE TO BAYSTATE MEDICAL CENTER	☐ CHECK	☐ AMOUNT ENCLOSED	☐ INTERDEPARTMENT TRANSFER (Please Attach)
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For your security, we do not accept credit card payments by FAX or mail. We accept credit card payments on our 128 bit encrypted website available at baystatehealth.org/learn
We do not store your full credit card number in this system.

ENTER YOUR CE ID NUMBER in ONE of the boxes to the right. Use your CE ID number to register for courses, access your CE transcript/credits, and confirm your registration.

MAIL TO:

Baystate Continuing Interprofessional Education,
361 Whitney Ave, Holyoke, MA 01040

IF you are not a Baystate employee or attending physician, your CE ID number is:

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A. B. C.

- A. First initial of your first name
B. Birthday month and day (2 digits each May 7 = 0507 not 57)
C. Last four digits of social security number

OR

For Baystate employees or medical staff members
Your CE number is your EN or PN Number

Baystate Employees EN _ _ _ _ _

Attending Physicians/Medical Staff PN _ _ _ _ _

learn.bhs.org

Toxic Stress, Media Saturation and Violence • April 3, 2014



Baystate
Medical Center

Baystate Continuing Interprofessional Education Springfield, MA 01199
Supporting the Advancement of Knowledge



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School of Medicine

PLEASE POST

The 25th Annual Victim Rights Conference

Toxic Stress, Media Saturation and Violence

*Connections, Implications
and Strategies*

April 3, 2014
Baystate Education Center
361 Whitney Avenue
Holyoke, MA

Sponsored by Baystate Continuing Interprofessional Education & the Hampden County District Attorney's Office

Credits

This activity has been planned and implemented by Baystate Health and the Hampden County District Attorney's Office. Baystate Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

PHYSICIANS

Baystate Health designates this live activity for a maximum of 5.75 AMA PRA Category1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES

This activity carries a maximum of 5.75 contact hours.

PSYCHOLOGISTS

Baystate Health is approved by the American Psychological Association to sponsor continuing education for psychologists. Baystate Health maintains responsibility for this program and its content. 5.75 CE credit(s) for psychologists have been granted for this educational activity.

MENTAL HEALTH COUNSELORS

Baystate Health is an NBCC Approved Continuing Education Provider (ACEPTM) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. (ACEP #5684)

SOCIAL WORKERS

Application has been made for continuing education credits for social workers.

Location

This conference will take place at the
Baystate Health Education Center,
361 Whitney Avenue, Holyoke, MA 01040

DIRECTIONS

From the Massachusetts Turnpike East or West: Take exit 4 (West Springfield); then follow the signs to I-91 North towards Holyoke. Take Exit 15-Lower Westfield Road/Ingleside. Turn left off the exit ramp. Go about 0.2 mile to the second set of lights and left onto Homestead Avenue/Whitney Avenue. Go 0.2 mile. The entrance to the Baystate Health Education Center will be on the right.

From Connecticut and Points South:

Take I-91 North towards Holyoke. Take Exit 15-Lower Westfield Road/Ingleside. Turn left off the exit ramp. Go about 0.2 mile to the second set of lights and left onto Homestead Avenue/Whitney Avenue. Go 0.2 mile. The entrance to the Baystate Health Education Center will be on the right.

From Vermont and Points North:

Take I-91 South to Exit 15 (Lower Westfield Road/Ingleside). Turn right off the exit ramp. Turn left at the lights onto Homestead Avenue /Whitney Avenue. Continue 0.2 miles on Whitney. Avenue. The Baystate Health Education Center will be on the right.

PARKING AND ENTRANCE

There is free surface parking. Park in the upper half of the parking lot which is nearest the Education Center. Enter through the glass foyer.

SPECIFIC AIDS OR SERVICES

Please call Baystate Continuing Interprofessional Education at 413-322-4242, if under the Americans with Disabilities Act, you require specific aids or services during your visit to this continuing education program.

Registration

TUITION

Through March 19, 2014	On-line \$79	Mail With Check \$89
After March 19, 2014	\$89	\$99

Tuition includes continental breakfast, lunch and refreshment break. There is no charge for parking.

YOU CAN REGISTER TWO WAYS:

On-line: at learn.bhs.org If you have attended a course before, be sure to use your CE ID number in the registration process

Baystate Employees:

Your User ID is your EN. (ie: EN12345)

Baystate Medical Staff:

Your User ID is your PN.(ie: PN12345)

All Other Guests: Your ID number is the First Letter of FIRST Name, Month and Day of birth with two digits for each (no year), and last 4 digits of your SSN.

How to register online at learn.bhs.org

For step by step registration instructions, click on help OR follow the instructions below

- Wait for the calendar to load
- Click the month in which the course is being held
- Scroll down to the name and date of the course
- Click on it and proceed through the check out process

By Mail: Complete the registration form below and mail it along with a check for the full course fee to Baystate Continuing Interprofessional Education, 361 Whitney Avenue, Holyoke, MA, 01040.

Cancelling:

If you must cancel, telephone Baystate Continuing Interprofessional Education at 413-322-4242 and follow your call with a **written refund request** or FAX your cancellation request to 413-322-4259. All cancellations will incur a \$25 fee. We cannot refund cancellations received less than two weeks (10 business days) before the program date.

April 3, 2014 • The Baystate Education Center