



ADHD CLINICAL GUIDELINES

Health New England (HNE) recommends the following treatment guidelines for those children, ages 4-18 years, who are being treated for Attention-Deficit/Hyperactivity Disorder (ADHD).

INITIATION PHASE

After the first appointment when the medication was prescribed, a second follow-up appointment within 30 days.

CONTINUATION AND MAINTENANCE PHASE

After the second appointment for medication evaluation, at least two more follow-up appointments within a nine-month period.

ADHD is a condition typically diagnosed and treated by pediatricians in this age group. Various psychiatric scales, such as the VADPRS (Vanderbilt ADHD Diagnostic Parent Rating Scale) and VADTRS (Vanderbilt ADHD Diagnostic Teacher Rating Scale)¹ can be useful for both diagnosis and follow-up. For complex cases, in which the diagnosis is not clear or additional, unexplained symptoms are present (comorbidity), HNE recommends referral to a pediatric mental health specialist for evaluation and treatment recommendations.

¹ available at www.psychiatric-times.com or at HNE.com